

A person is captured in a dynamic pose, performing a high kick or dance move. They are wearing a bright neon yellow and pink jacket and maroon shorts. They are barefoot on a wooden floor. In the background, there is a brick wall and a white clothesline with a white garment hanging from it. The text "RAMBLING IS GONNA BE THE DEATH OF ME" is overlaid in yellow capital letters.

RAMBLING IS GONNA BE
THE DEATH OF ME

MAERO

M A C R O

MicroMacro Dance was established in 2015 and is under the artistic direction of Clementine Telesfort. The initiative was to create a company which would gather artists from **various field of practices** in order to research together, create interdisciplinary projects and choreographic works. In order to engage audience with wide a range of **cultural experiences** MicroMacro also devises strong educational and outreach workshops.

MicroMacro Dance's aim is to develop thought-provoking and innovative work. Its practice relies on **movement exploration** and theatricality as a tool for **storytelling** and playful and **interactive settings** are embedded in the collective's approach.

Our work is driven by **political values** and **societal matters** which is reflected in our interest for devising characters and our singular curiosity for people's **relational behaviours**.





ABOUT THE PIECE

Rambling is gonna be the death of me is a piece of dance theatre molded on a retrospective on the act of growing up.

As emerging artists we are bringing to you our latest production devised around the story of two individuals merging identities . In a creative response to the interactions and influences others have on our behavioural attitudes; MicroMacro explores with passion and humour choreographic tools to share with its audience their aesthetic and begin a dialogue on the ongoing experience of growing.

OBJECTIVES



Audience Engagement

The work MicroMacro produces is devised to be inclusive and open to all types of audiences. *Rambling is gonna be the death of me* is an insightful piece of dance theatre leaves its audience inquisitive on their own relational behaviours. The piece promotes adaptability and tolerance towards others' functional patterns. The piece questions the construction of identity and the social withdrawal that can come with it. It is essential for us to initiate conversations about the challenges of co-existing with others, but also propose a creative solutions.

Space

The collective aims to produce a work that is adaptable to different indoor and outdoor settings in order to make it easily toured and accessed by the widest public.

Involving

We desire to engage any audiences, regardless of level of exposure to contemporary dance and theatre. To do so, several routes of actions are considered:

1. We offer to work in close collaboration with different theatres, schools, cultural space etc in the devising of events based around our collaborative work practice, using the piece as a base for the creation of accompanying projects.
2. Delivery of workshops, post- and pre-show talks are possible to book in order to give a extensive experience to audiences.

Research

The project aims to collaborate with partners in the research and experimentation of collective practice. We are looking to use the piece as a medium for intercultural exchanges with

Selling points

- A thought-provoking piece of dance-theatre
- Addresses current issues and intergenerational topics
- An inquisitive piece of dance with an open narrative
- Emerging artists, young and proactive dance makers from Europe working collaboratively
- Suitable for indoors and outdoors settings.
- Fast turn around



SELLING POINTS + TARGET MARKET

Target audience

- Suitable for all ages
- Audiences who are not necessarily accustomed to dance
- Audiences who enjoy contemporary dance and theatre



EDUCATION

OUTREACH

MicroMacro provides workshops, pre- and post-show talks and other added extras alongside performances and sharings. In line with our collective nature, our ways of reaching out will be mutual dialogues with participants/audiences in a comfortable environment where we can share and learn from all walks of life.

WORKSHOP FOR DANCERS

Based around the piece.

- 1 hour Technique class

A company member will lead a class which will guide its participants in and out of the floor into more dynamic shifts into space. Creating relational awareness and group cohesion with games devised to enhance presence to the space and connectivity amongst participants.

- 2 hour Creative session

Following the class, the creative part of the workshop will explore the different aspects of the piece going from character composition to material division. The participants will be expected to leave with a deeper understanding of the piece and greater perspective of choreographic composition as a whole.

COMMUNITY WORKSHOPS

Based around MicroMacro's collaborative approach.

- MicroMacro is happy to offer intergenerational activities portrayed in different formats addressing the benefits of collective work.
- Through the use of games, group tasks and open discussions, the sessions would introduce tools for collaboration as well as notions of Group Dynamics. This will lead the participants towards a greater understanding of collectivity as a whole.
- **Outcomes:** Group work tools, personal awareness, confident presence, openness, listening skills, adaptability.
- **Formats:** 1 day (6 hours) / 2 days (12 hours)

ARTISTS



CLEMENTINE TELESFORT

Clementine is a french dancer and dance maker based in England.

Since graduating from TrinityLaban Conservatoire of Music and Dance with a First Class degree, Clementine joined the Northern School of Contemporary Dance Postgraduate Performance Company Verve, receiving an award for outstanding Achievement. Clementine explores many routes in order to grow and build her practice as a dance artist and versatile performer, she works with artists such as; Jamaal Burkmar, Jack Philps, BitterSuiteCompany, production manager for the Sweetshop Tigers directed by Sally Marie as well as directing MicroMacro Dance. Earlier in her carrier she joined the collective Dog Kennel Hill Project, and has devised and toured for choreographers such as Efrosini Protopapa, Marie Gabrielle Rotie, Glenna Batson, Renaud Wiser and Anton Lachky.



IRIS BORRAS ANGLADA

Iris joined Northern School of Contemporary Dance Postgraduate Performance Company, Verve after having had graduated from *Institut del Teatre* in Barcelona. Her interests range from illustration, dance and to politics. Iris has devised and toured works by Efronini Protopapa, Renaud Wiser, Clementine Telesfort, and Anton Lachky. Iris looks at defining her style of dance, expand her artistic vision and develop her creativity, whilst working as a professional dancer.

TECHNICAL REQUIREMENTS

Length of the piece

25mins

Space

Min 6x5m

Props

A carpet - Washing line - Hangers - Small music box

Asked to be provided by the venue: 2 Chairs and a table

Technical requirements

Two secure anchor points to attach the washing line resistant for small weight bearing

CONTACTS

Website

<http://micromacrocontact.wixsite.com/micromacro/projects>

Facebook

<facebook.com/micromacroandfriends>

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